

# **Create Your Own Future Book Summary, by Brian Tracy**

by Allen Cheng

<https://www.allencheng.com/create-your-own-future-book-summary-brian-tracy/>

Want to learn the ideas in Create Your Own Future better than ever? Read the world's #1 book summary of Create Your Own Future by Brian Tracy here.

Read a brief 1-Page Summary or watch video summaries curated by our expert team. Note: this book guide is not affiliated with or endorsed by the publisher or author, and we always encourage you to purchase and read the full book.

## **Video Summaries of Create Your Own Future**

We've scoured the Internet for the very best videos on Create Your Own Future, from high-quality videos summaries to interviews or commentary by Brian Tracy.

<https://www.youtube.com/watch?v=6LP8AlsI8cs>

<https://www.youtube.com/watch?v=mk4D2kZDrhE>

## **1-Page Summary of Create Your Own Future**

### **You - and the Laws - Govern Your Future**

There are certain laws that govern success. If you follow them, you will succeed. Your decisions and choices shape your future, so you have to be proactive in order to control your life. Most people are passive and wish for things to happen, but when we're proactive, we take charge of our own lives and can make anything happen.

To be successful, you have to understand the probabilities. Success is predictable and does not happen by chance. If you want to achieve success, do what other successful people do. Otherwise, your chances of succeeding are low because everything happens for a reason and the Law of Cause and Effect states that "everything happens for a reason." All effects or results happen because of one or more causes, not by chance. So if you choose more effective actions, you will attain better results.

The Law of Probabilities affects the outcome you get. This law explains why some people are lucky and others aren't. When you flip a coin, there is a 50% chance it will come up heads. The same goes for success – certain actions increase your chances of having good luck by multiplying them.

Pursuing your goals is important. If you don't, it's unlikely you'll achieve them. To maximize your chances of success, create a plan and write down what exactly you want. As long as the probabilities

favor your goal, increase those odds by doing everything in your power to reach that goal. It also helps to work hard towards your goal because the harder you work for something, the better chance there is that it will happen. The more effort put into getting something done, the higher probability of achieving success."

Realize that your thoughts have consequences, and think carefully before you act. Work hard if you want to be successful.

Throughout history, people have used these 12 principles to achieve success. They are universal truths that apply today just as much as they did in the past.

## **Principle 1: You Have Unlimited Potential**

If you want to change your life, you have to change the way that you think. You can literally become a different person when you adopt principles for success. Your thoughts will draw good luck to you by attracting people and resources if they're positive or negative.

The law of belief states that what you believe will affect your outcome. If you strongly believe in something, it becomes your reality. So if you want to meet a goal, then believe that you can and will achieve it. You are the only one who limits yourself; other factors do not limit you as much as your own thinking does. Once you have a strong desire for something, then find the ability within yourself to attain it because once you expect something to happen, it will become self-fulfilling and thus come true through your actions (the law of expectations). Successful people generally expect success because they set forces in motion by having an attitude of self-expectancy which helps them achieve their goals more easily than others would be able to without such positive attitudes towards themselves and their capabilities

You can harness the power of your subconscious mind to help you achieve your goals. Say you want a new house, and then think about that goal constantly and tell yourself it's already yours. You'll start seeing ads for houses in places where you'd never seen them before. Talk to people who might be able to help you get that house, because your subconscious will draw those people into your life so they can assist with getting it for you. Use affirmations as well – say things like "I'm now the president of my own company" over and over again until they become true in reality for you.

**Like this book summary? Visit [www.allencheng.com](https://www.allencheng.com) for more.**